

THINKING AHEAD CHECKLIST

WEEK 4

Below is a series of checklists broken up by day. Each day focuses on a different topic under the week's theme. Check off each of the tasks as you complete them to monitor your progress. More information about what to do each day is available in your Thinking Ahead emails.

DAY 22 DISPOSITION METHOD

- Research disposition methods

DAY 23 BURIAL FACTS

- Decide if burial is right for you
 - If so, contact a funeral home that specializes in burial services to learn more about your options

DAY 24 CREMATION FACTS

- Decide if cremation is right for you
 - If so, contact a cremation provider to learn more about your options

DAY 25 WHAT WE DO

- If you're considering direct cremation services, contact Cremation Society of Pennsylvania and request an appointment with one of our representatives

DAY 26 REMEMBRANCE EVENT

- Think about what memorial services you would want
 - Decide the order of these services, keeping in mind whether you would like cremation or burial. For example, you can't have a scattering service if you choose burial

DAY 27 THEMES

- Decide if you want a traditional remembrance event or a "celebration of life"
 - If you wish to have a "celebration of life," decide what kind of general themes of your life you would want to include
 - If you're a veteran, write down all the memorial benefits you are eligible for and who to contact to receive them

DAY 28 SCATTERING

- Decide if scattering would be the right option for you